

OY-EX Daily Tablets (120 tablets per bottle)



What is OY-EX?

Oy-Ex is a perfect way to get the good nutritional qualities of oysters, on a daily basis. We have extracted **over 40 types of vitamins and minerals** from ocean fresh pure oysters. Fresh Oysters contain Substance Z which includes many rich and effective elements. Substance Z has several physiological characteristics which can address many health and nutritional conditions. This is a key reason why users of Oyster Extract have reported such effective and quick improvements and results.



How much do I need to take?

Typically, you take 2-3 Oy-Ex tablets each day. For people who are suffering from chronic problems, you can take 4-8 Oy-Ex tablets daily to replenish the vitamins and minerals to vital body organs. By increasing the vitamins and minerals in your body, organs can function at maximum capability. One of the organs to benefit the most from Oyster Extract is the **Liver**.

What is the recommended usage?

We recommend that you take 2-3 Oy-Ex tablets daily, usually after lunch with plenty of water. We find that by taking after a meal, Oy-Ex is easily digested. If you are taking 4-8 Oy-Ex per day, we recommend that you take ½ of the tablets around breakfast time, and the other ½ of the tablets after lunch, again with plenty of water.

What does Oy-Ex contain? Are there really 40 vitamins and minerals?

Minerals

Zinc, sodium, calcium, iron, potassium, phosphorus, magnesium, copper manganese, iodine, selenium, lithium, cobalt

Vitamins

Vitamin B¹, Vitamin B², Vitamin B⁶, Vitamin B¹², folic acid, biotin, inositol, choline

Carbohydrate

glycogen

Protein/Amino Acid Composition

Arginine, lysine, histidine, phenylalanine, tyrosine, leucine, isoleucine, methionine, valine, alanine, glycine, proline, glutamic acid, serine, threonine, aspartic acid, tryptophan, cystine, taurine

For more information, visit our website:

www.oy-ex.com

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**Never disregard medical advice or delay in seeking it because of something you have read on the OY-EX.com site.

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